



WEEK 41: FREEDOM DISCUSSION GUIDE

1. How do you define freedom? What comes to mind when you think about freedom? What does it mean to be spiritually free?
2. Have you ever known someone who could not forgive themselves for something from their past? What did it do to their lives?
3. What are some ways we incorrectly pursue freedom from our guilt, shame, or past mistakes?
4. Do you find it easier to extend God's grace to other people or receive it personally?
5. We all have voices (some in our heads or from our past) that tell us who we are. How can these negative voices drown out what God wants to affirm about you through His Spirit?
6. Which of the following works of the Spirit is most important to you right now to live the life God intended for you: convicting you of sin, reminding you God is Father, groaning for you in God's presence, or guiding you toward God's predetermined plan for your life?
7. What is one lie Satan is telling you about yourself that you need to reject? And what is one truth God is telling you about yourself that you need to accept?
8. How do you practically reject lies and accept truths about yourself?

ACTION STEPS

Have pieces of paper and pens ready to hand out to the group. Instruct them to write every sin they keep holding against themselves or lie they believe on that piece of paper. As a group, burn the paper as a symbol of releasing it to God's grace. Close the group by praying for total freedom from those sins and lies.