



# WEEK 42: CHANGE DISCUSSION GUIDE

1. Have you ever seen someone you know make a radical transformation (physically, spiritually, etc.)? What were some key elements of their success?
2. In what period of your life did you make the most changes? What was it like? How long was that time? What made it so powerful?
3. Share a time when you saw someone who needed to change but just couldn't. What barriers stood in their way to a better future?
4. What are some ways you would like to see Christians change to be less like the "world"?
5. Which of these has been the most powerful catalyst for change in your life and what was that experience like: (1) Being affirmed by God's love, (2) being connected to Christ's body, (3) being empowered by God's Spirit?
6. Which of these four resources do you need to increase in your routine to increase your chances to make a positive change: scripture, Christian music, service, fellowship?
7. Who in your life is asking to or ready for change and how can you help support and encourage through the change?

## ACTION STEPS

If you are in a mixed gender group, split the men and the women to discuss the action step for this week:

What is one thing you identified this week that you need to put off and one thing you need to put into practice? Share this with the group to plan how to pull this off.