- 1. Is humility valued in our culture? What are some of the perceptions of a humble person? Are there any double standards in our culture toward humility?
- 2. Tell a story of a boss, friend, or public figure who left an impression on you by acting in humility.
- 3. How do you know if you're a humble person?
- 4. What is the real reason most people have trouble enacting humility? What are they afraid of?
- 5. How do you keep yourself humble? Describe an attitude you keep, thoughts you keep fresh, or actions you take.
- 6. Read Proverbs 16:18 and discuss its meaning and application in your life.
- 7. Read 1 Peter 5:5-6 and discuss what it means to be exalted.
 - a. How does God exalt a humble person?
 - b. Does a humble person want to be exalted?
 - c. Why would God exalt a Christian?
 - d. How has He exalted you or how can you imagine He may exalt you?
- 8. How can humility help you succeed in your marriages, friendships, at work, or in ministry?

ACTION STEP

Read the 4 action steps of Humility on pages 322-323. Discuss which one you plan to live out this week and how you plan to accomplish it.